

Lunch Features

The "King" Barbecue Burger | 9

Served with your choice of fries, soup, or tossed salad.

The Triple B's Clubhouse | 9

Served with your choice of fries, soup, or tossed salad.

Soup

Soup of the Day | 7

Served with a french baguette.

French Onion Soup | 4.5

Enjoy our traditional styled French Onion Soup.



Kids Menu

Ages 12 & under

All kids meals come with a drink and dessert for only \$7

Chicken Fingers

Two chicken fingers with fries.

Served with BBQ sauce, Honey Dill, or Plum sauce.

Personal Pizza

One topping pizza.

Additional toppings; \$1 each

Grilled Cheese Sandwich

Cheddar cheese grilled between your choice of White, Whole Wheat, or Rye bread.

Mac & Cheese Bites

Cheddar Mac & Cheese deep fried to a golden brown.

Sides

Tossed Salad | 4

Caesar Salad | 6

Greek Salad | 6

Side Soup | 4.5

Onion Rings | 5.5

Homemade Fries | 4.5

Poutine | 7

Sweet Potato Fries | 6

Garlic Cheese Toast | 4.5

Nacho Chips & Salsa | 8

Gravy | 2.5

Extra sauce or dressing | 1.25

Beverages

Coffee/Tea | 2.5

Soft Drinks | 2.75

Pepsi, Diet Pepsi, Mug Root beer, 7-Up, Ginger Ale, Orange Crush, Soda Water, Tonic Water, Cranberry

Ice Tea | 2.75

White Milk | 2.5

Chocolate Milk | 3

Red Bull | 4

Dessert

Chocolate Brownie | 6

Served with ice cream & whipping cream.

Bowl of Ice Cream | 4

Your choice of vanilla or chocolate.

Served with chocolate, caramel or strawberry sauce.

Plan your next party at Triple B's!

Call us for:

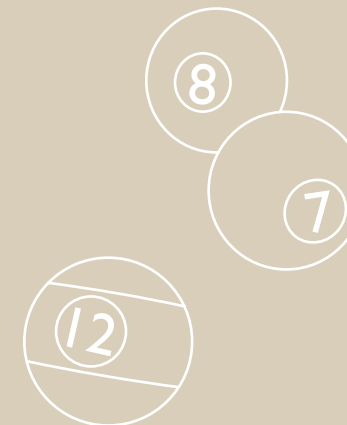
Birthdays

Anniversaries

Retirement Parties

Work Functions

Sport Team Events



Daily Happy Hour: 2pm - 6pm

Enjoy our wings and boneless chicken bites with bar shots, domestic or draft beer!

25% off billiards from 11:30am-6pm every day



It's the place to 'B'

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Fax: 204-334-9028
www.triplebs.ca

Appetizers

Bruschetta | 9

A toasted french baguette served with bruschetta mix on the side.

Potato Skins | 10

Russet potato shells stuffed with real bacon bits, green onions, and a mixture of mozzarella and cheddar cheeses. Baked and served with sour cream.

NEW!

Deep Fried Avocado | 10

Avocado bites battered and fried to a golden brown. Served with aioli dip.

BBB's Chicken Wings (1 pound) | 11

Boneless Chicken Bites | 9

Tossed in your choice of:

Barbeque	Pineapple Curry
Cajun	Salt & Pepper
Chili Lime (Franks Red Hot)	Sweet Chili
Electric	Teriyaki
Honey Garlic	Medium Hot (Franks)
Honey Hot	Hot
Mango Habanero	Extra Hot
Lemon Pepper	Ring of Fire

Coconut Shrimp | 12.5

Five tiger prawns dipped in our own beer batter and rolled in coconut. Fried to a golden brown and served with a zesty seafood sauce.

Fried Pickles | 8

Enjoy crisp fried dill pickle spears served with spicy chipotle dip.

NEW!

Dry Ribs | 10

Deep fried riblettes, dry rubbed in lemon pepper seasoning. Served with ranch dressing.

NEW!

Thai Bites | 11

Breaded chicken, fried and tossed in thai chilli sauce. Finished with green onion and sesame seeds.

Mozzarella Sticks | 9

Cheese sticks fried to golden brown. Served with marinara sauce.

Spring Rolls | 9

Four large spring rolls filled with cabbage, onions, carrots, and celery. Fried and served with Plum sauce.

NEW!

The Canadian Sliders | 12

Three all beef patties topped with bacon, cheddar cheese, red onions, mustard and relish.

Bonus Ball Nachos Personal | 8.5 Regular | 13 Bonus | 17

A generous helping of nacho chips topped with diced tomatoes, jalapeños, green onions and a mix mozzarella and cheddar cheese. Baked and served with salsa and sour cream.

Add ground beef, chicken, or extra cheese for \$3
Add guacamole for \$2.50



Spinach and Artichoke Dip | 11.5

Artichoke hearts, spinach, cream cheese, ranch dressing, garlic, herbs, tomato and mozzarella. Served with a french baguette and nacho chips.

Calamari | 11.5

Tender calamari rings lightly dusted with seasoned flour and flash fried. Served with Tzatziki sauce and fresh lemon.

Break and Run Platter | 26

A sampling of our most popular items.

Chicken wings, chicken fingers, potato skins, vegetable quesadilla, onion rings, spring rolls, and nacho chips. Served with Plum sauce, Honey Dill, Sour Cream, and Salsa.

Burgers

All burgers and sandwiches served with your choice of Triple B's homemade fries, soup or tossed salad.

Substitute Caesar or Greek salad, poutine or onion rings for \$3

The "King Barbeque" Burger | 11.5

All beef patty garnished with cheese, lettuce, tomato, onion, mayo, mustard, relish and barbecue sauce on a brioche bun.

Add an extra beef patty for \$3

The Blazing Thunder

Chicken Burger | 11.5

A crispy breaded chicken breast tossed in Franks Hot sauce and served on a brioche bun with lettuce, tomato and red onions.

The 8-Ball Bison Burger | 11.5

A char-broiled bison burger served on a toasted brioche bun with lettuce, tomato, red onions, bistro sauce and relish.

The Prime Rib Burger | 12.5

A melt in your mouth prime rib patty smothered in grilled onions and topped with a mixture of mozzarella and cheddar cheese. Served on a toasted brioche bun with spinach, tomatoes, and diced jalapeños.

Add bacon or mushrooms for \$1

"Cued" Chicken 'N' Cheese | 12.5

Chicken breast char-broiled, smothered in our BBQ sauce, topped with mozzarella cheese and bacon.

Served on a toasted brioche bun with lettuce, onion, tomato and mayo.

NEW!

Mushroom Swiss Burger | 12

A quarter pound beef patty served on a brioche bun, topped with sautéed mushrooms, double Swiss cheese and mayo.

Sandwiches

Triple B's Clubhouse | 12

Ham, turkey, bacon, cheese, tomato, lettuce and mayo piled high between three slices of whole wheat, white, or rye bread.

Steak Sandwich | 14.5

A char-broiled AAA sirloin steak done to your liking, brushed with BBQ sauce and topped with sautéed mushrooms and onion rings. Served on a thick slice of garlic toast.

NEW!

Philly Cheesesteak | 14

Philly roast beef on a french baguette with sautéed green peppers and onions, and melted mozzarella.

NEW!

Beef Dip | 14

Roast beef with sautéed mushrooms and onions, mozzarella cheese, and bistro sauce, served on a french baguette with Au Jus for dipping.

Baked Wrap | 12.5

Large flour tortillas stuffed with julienned steak strips, rice, tomatoes, peppers, onions, mozzarella & cheddar cheese with Santa Fe dressing.

Vegetarian Wrap | 10

Lettuce, tomato, red onion, roasted red peppers, green peppers, feta cheese and Triple B's own Santa Fe sauce wrapped in a flour tortilla.

Reuben Sandwich | 12.5

Shaved corned beef, sauerkraut, Thousand Island dressing and mozzarella on grilled rye bread.

Pizza

Try our one topping personal pizza for only \$8!

	10"	15"
Rack 'Em Up Basic cheese pizza with Triple B's own pizza sauce.	9	14
Toppings: Pepperoni Ham Bacon Tomato Green Pepper Roasted Red Pepper	Onion Mushroom Pineapple Olives Jalapeño Feta Cheese	Mozzarella Cheese Cheddar Cheese Chicken Ground Beef Taco Beef
	2.5	3.5

The Club

Chicken, bacon, cheddar & mozzarella cheese, tomato slices and Triple B's own pizza sauce with a touch of mayo.

The Mediterranean

Spinach, roasted garlic, tomato sauce, mozzarella, feta cheese, mushrooms and tomato slices.

The Canadian

Bacon, ham, tomato sauce, fresh mushrooms and cheddar cheese.

The Triple B's Stinger

Triple B's own pizza sauce with a spicy kick, ground beef, jalapeño peppers, green onions tomatoes, and a blend of mozzarella and cheddar cheese.

The Corner Pocket Combo

Tender chicken breast, red pepper, fresh mushrooms, garlic, marinara sauce and mozzarella cheese.

Sorry, no substitutions allowed.



More Favourites...

Chicken Fingers | 10

Tender chicken fingers fried to a golden brown and served with your choice of BBQ, Plum sauce, or Honey Dill sauce.

Add Triple B's homemade fries for \$3

Fish & Chips Two pc | 13 One pc | 10

Cod fillets dipped in our own Keith's beer batter and fried golden brown. Served with the famous Triple B's fries and tartar sauce.

Quesadillas | 9.5

Tomatoes, green onions, mushrooms and a blend of mozzarella and cheddar cheese between two flour tortillas. Baked and served with sour cream and salsa.

Add grilled chicken for only \$3
Add guacamole for \$2.50

Perogies Six | 6.99 Twelve | 9.99

Homemade perogies served with bacon, white onions and sour cream. Your choice: boiled, deep fried, or pan fried.

Triple B's Stir Fry | 14.5

Fresh Garden vegetables sautéed with our own teriyaki oyster sauce and served over rice with your choice of chicken or shrimp.

Butter Chicken | 14.5

Chunks of chicken in a mildly spicy authentic curry sauce served over a bed of rice with a side of naan bread.